

# Step Forward 2019 Calendar

**Practices** held at City Gospel Mission,  
1805 Dalton Ave. Cincinnati Ohio, 45214

**Boot Camp** held at Philippus Church, 106 W.McMicken  
Ave. Cincinnati Ohio, 45202 (2/2, 9, 16, 23)

Date	Time	Event	Who
Sat – Feb 2	9:00- 10:30 AM	Bootcamp 1/Philippus Church	Recovery Program, Staff
Sat - Feb 9	9:00-10:30 AM	Bootcamp 2/Philippus Church	Recovery Program, Staff
Sat - Feb 16	9:00-10:30 AM	Bootcamp 3/Philippus Church	Recovery Program, Staff
Sat - Feb 23	9:00- 10:30 AM	Bootcamp 4/Philippus Church, be present to receive tech shirt	Recovery Program, Staff
Sat – Mar 2	9:30 AM	Kickoff + First Run at Mission	All participants
Wed – Mar 6	6:00 PM	In Training	All participants
Sat – Mar 9	9:30 AM	In Training	All participants
Wed – Mar 13	6:00 PM	In Training	All participants
Sat – Mar 16	9:30 AM	In Training	All participants
Wed – Mar 20	6:00 PM	In Training	All participants
Sat – Mar 23	9:30 AM	In Training	All participants
Wed – Mar 27	6:00 PM	In Training	All participants
Sat – Mar 30	9:30 AM	In Training	All participants
Wed – Apr 3	6:00 PM	In Training	All participants
Sat – Apr 6	9:30 AM	In Training	All participants
Wed – Apr 10	6:00 PM	In Training	All participants
Sat – Apr 13	7:00 AM	In Training + Fleet Feet Event / Lytle Park	All participants
Wed – Apr 17	6:00 PM	In Training	All participants
Sat – Apr 20**	9:30 AM	In Training + Cheer Day! Location: CGM	All participants
Wed – April 24	6:00 PM	In Training	All participants
Sat – April 27	9:30 AM & 11:00 AM	In Training: 9:30- 10:00 @ CGM Almost There: Pre-Pig Lunch: 11am-1:30 Location: TBA	All Participants
Wed - May 1	6:00 PM	In Training	All participants
Fri – May 3	12 noon- 7 PM	Expo at Duke Energy Center Packet Pick Up	All Participants
Sat - May 4, Sun- May 5	7:00 AM	21 <sup>th</sup> Annual Flying Pig Event! Meet at P&G/ 6 <sup>th</sup> and Broadway	All participants
Tues- May 14	6:00 PM- 8:00 PM	You did It Post -Pig Celebration 6:00-8:30 pm Location: TBA	All participants

\*\* Easter is Sunday April 21